

INFORMED CONSENT SOFT TISSUE FILLERS

Injectable soft tissue fillers include but are not limited to Juvederm®, Juvederm Voluma®, Restylane Silk®, Restylane Lyft®, Belotero®, Restylane®, Radiesse®, Artecoll®, Hylaform®, and Sculptra®. These can be used to fill wrinkles and soft tissue depressions and can be used in the face to diminish the appearance of aging. Soft tissue fillers typically slowly absorb over time but some are more long lasting than others. They will not stop the process of aging. They may be used alone or in combinations with other surgical and non-surgical treatments. Typically a series of treatments are needed to obtain the optimal results.

The details of the procedure have been explained to me in terms I understand including but not limited to:

Injection Type. The specific material used will be determined in consultation with my doctor.

Pain. There may be mild pain during the injections, but small needles are used. Some sensitive areas are treated with topical numbing cream or nerve blocks prior to injection.

Activity. I will avoid exercise or strenuous activity for the first 24 hours after the injection to reduce the risk of bruising.

Alternative option for this surgery is to have surgical skin tightening procedures, fat transfers, or skin resurfacing procedures such as laser or dermabrasion.

I understand and accept the most likely risks and complications include but are not limited to:

Temporary effects include swelling, redness, visible needle marks, acne-like skin eruptions, bruising and pain at the injection site are usually mild. These usually resolve within 48 hours.

Lumpiness can occur following injection. This tends to smooth out over time but may be long lasting depending on the filler material. These may be only noticeable to feel or may be visible.

Asymmetry, or differences in shape, between my sides of the face can occur after filler injection. This might require additional injection.

Skin discolorations such as darkening or lightening of the skin in the area of the injection can occur. Treatment with lasers or skin lightening creams might be recommended.

Skin sensitivity may occur after soft tissue injections. There may be rash, itching, redness, tenderness and swelling that lasts more than 48 hours. I will wait until initial swelling and redness has gone away before I expose my skin to UV tanning lamps or excess sun exposure. If sensitivity occurs, a steroid cream or laser treatment may be indicated. Patients with rosacea are at higher risk of prolonged erythema following filler injection.

Damage to deeper structures such as nerves, blood vessels, and the eye can occur as a result of the injection. These may cause temporary or permanent injury or disability. If blood vessels are blocked by the filler material there might be skin damage resulting in permanent scarring.

Eye disorders such as inflammation and irritation may occur after filler injection around the eye.

Blindness is extremely rare but has been reported after filler injection around the eye. This can occur if filler material is inadvertently injected into a small blood vessel around the eye and it travels to block the blood supply to the retina. This would happen immediately at the time of the injection.

Disappointment with results is possible after soft tissue fillers. The results may be more or less than was expected. Some collagen-based

fillers can be reversed with the injection of an enzyme that dissolves the filler material.